

THERAPEUTIC MASSAGE

Intake Form

CLIENT INFORMATION:

Name: _____
 Address: _____
 Phone: _____ Email: _____
 Emergency Contact Name: _____ Phone: _____
 Occupation: _____ Referred by: _____

HEALTH INFORMATION

Are you taking any medications? Yes No If yes, please list: _____
 Any allergies? (oils, lotions, nuts, fruits, skin, etc.) Yes No If yes, please list: _____
 Are you pregnant? Yes No If yes, how many months: _____ Due Date: _____
 Are you currently under medical supervision or receiving other medical interventions? Yes No
 If yes, please describe: _____

- | | | |
|----------------------|------------------------|---------------------|
| Areas of swelling | Diabetes | Osteoporosis |
| Autoimmune disorder | Fibromyalgia | Phlebitis Sciatica |
| Back / neck | Headaches | Seizures |
| Bleeding disorders | Heart condition | Stroke Tendinitis |
| Blood clots | Hypertension | TMJ disorder |
| Bruise easily | Kidney disease | Varicose veins |
| Cancer | Multiple sclerosis | Vertigo / dizziness |
| Contagious condition | Neurological condition | |
| Decreased sensation | Neuropathy | |
| | Osteoarthritis | |

Areas of broken skin? (e.g. rash, wounds) Yes No How recently? _____
 History of joint replacement surgery? Yes No Which joint(s)? _____
 Recent injuries or medical procedures in the past 2 years? Yes No Please describe: _____

 Please describe any other injuries or health conditions: _____

MESSAGE INFORMATION

Have you had professional massage before? Yes No How recently? _____
 Reason for seeking massage: Relaxation Specific Problem

 How much pressure do you prefer? Light Medium Firm

By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge.

Client(s) and/or Representative _____ Date _____
 Therapist Signature _____ Date _____

