

BENEFITS OF RED LIGHT THERAPY

Skin + Hair

- · can prevent wrinkles
- stimulates collagen to smooth lines
- helps kill bacteria that forms acne
- decreases inflammation that creates redness
- promotes blood flow to the scalp and hair for growth

Brain Health

- · improves neurocognition
- improves blood flow and oxygen to form new neurons and synapses in the brain
- helpful for those who have suffered traumatic brain injuries or strokes
- treats symptoms following a concussion

<u>Injury Recovery +</u> <u>Sports Performance</u>

- · heals muscle injury
- · enhances muscle performance
- · reduces post-workout pain and soreness

Wound Healing

- · improves healing in skin wounds
- useful for burns
- helps healing after oral surgery
- · speeds the healing process

May Lessen Pain

- decreases pain in various chronic conditions such as back pain, jaw pain, and other discomforts
- helps control pain for those who experience neuropathy
- can lessen inflammatory conditions in animals

May Lessen Side Effects of Cancer Treatment

- may prevent or treat oral mucositis, a possible side effect of chemotherapy or radiation
- stimulates body's immune response to help kill cancer cells

RED LIGHT THERAPY

270-978-3801 for availability 20-Minute Session \$10.00

Package of 10 20-Minute Sessions \$90.00